



# Long Branch Middle School June 2019



**EVERYDAY CHOICES**  
Assorted Deli Meats, Cheeses And Salads Served On Freshly Baked Breads Rolls And Wraps

In A Hurry? Check Out Our Fast Takes Sandwiches Made Fresh Daily And Wrapped To Go

6/3 Chili Cheese Loaded Tots w/ Biscuit Honey Carrots Roasted Sweet potatoes	6/4 <b>Triple Dipper Tuesday:</b> Chicken Bites Pretzel Sticks Waffle Fries Sweet Corn	6/5 Open Face Roast Turkey W/ Mashed Potatoes & Gravy, Steamed Broccoli	6/6 Twin Tacos w/ Spanish Rice Southwest Black Beans Tossed Spinach Salad	6/7 Sweet & Sour Chicken w/ Rice Chinese Style Vegetables Mandarin Salad
6/10 French Toast Sticks Turkey Sausage Sweet Potatoes, Roasted Squash	6/11 Crispy Chicken Bowl Mashed Potatoes Gravy, Steamed Corn Dinner Roll	6/12 Chef Betty's Baked Ziti, Garlic Stick Steamed Broccoli Tossed Romaine Salad	6/13 Chicken Fajitas Onions & Peppers Spanish Rice Seasoned Beans	6/14 BBQ Pulled Pork or Turkey Sandwich Crispy Fries Coleslaw
6/17 Grilled Cheese w/ Tomato Soup Glazed Carrots Tossed Spinach Salad	6/18 <b>Triple Dipper Tuesday</b> Crispy Chicken Bites, Pretzel Sticks, Crispy Fries, Sweet Steamed Corn			
<div data-bbox="419 894 998 1155" data-label="Image"> <p>Have a Wonderful and Safe Summer!</p> </div>				



### **Grab & Go Salads & Wraps**

**Week of the 3rd:** Chicken Caesar Salad & Italian Sub  
**Week of the 10th:** Buffalo Chicken Salad & Turkey Club Wrap  
**Week of the 17th:** Chef Salad & Buffalo Chicken Wrap

**Monday:** Cheeseburger/ Chicken Patty  
**Tuesday :** Cheese or Pepperoni Pizza /Twin Hot Dog  
**Wednesday:** Cheeseburger / Grilled Chicken Sandwich  
**Thursday:** Grilled Ham & Cheese Pretzel Melt/  
Buffalo Chicken Patty  
**Friday:** Philadelphia Cheese Steak/  
Cheese or Pepperoni Pizza



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks  
Assorted 100% Fruit Juice  
House Made Soups offered Tuesdays and Thursdays